

THE SUCCESSFUL THERAPIST MASTERCLASS



Time, Money,
Energy

There are two reasons if we're not busy:

1 We don't know how

or

2 On some level, we're avoiding it.



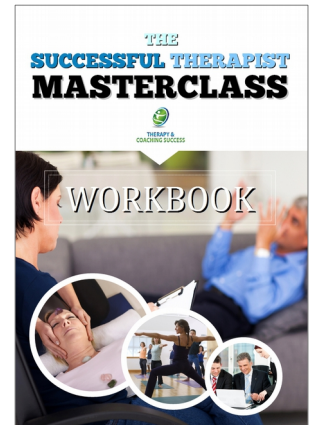
The biggest saboteurs are:

Fear

Uncertainty

Self Doubt

We overcome these when we have more desire to help than to hide!



Page 2



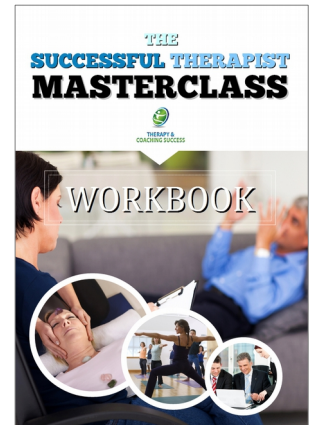
**THERAPY &
COACHING SUCCESS**

Getting a sustainable balance

Time

Energy

Money



Page 2



22 sessions a week - time/effort balance?

Mon	Tue	Wed	Thur	Fri
9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am
10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am
11am - 12pm	11am - 12pm	11am - 12pm	11am - 12pm	11am - 12pm
12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm
2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm
3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm
4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm

22 sessions a week - time/effort balance?

Mon	Tue	Wed	Thur	Fri
9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am
10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am
11am - 12pm	11am - 12pm	11am - 12pm	11am - 12pm	11am - 12pm
12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm
 				
2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm
3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm
4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm

22 sessions a week - time/effort balance?

Mon	Tue	Wed	Thur	Fri
9am - 10:30	9am - 10:30	9am - 10:30	9am - 10:30	9am - 10:30
10:30am - 12	10:30am - 12	10:30am - 12	10:30am - 12	10:30am - 12
12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm
2pm - 3:30	2pm - 3:30	2pm - 3:30	2pm - 3:30	2pm - 3:30
3:30pm - 5pm	3:30pm - 5pm	3:30pm - 5pm	3:30pm - 5pm	3:30pm - 5pm

11 sessions a week - time/effort balance?

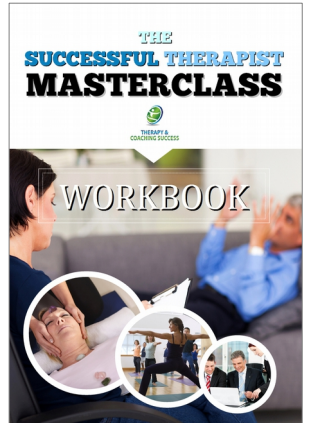
Mon	Tue	Wed	Thur	Fri
9am - 10am	9am - 10am	9am - 10am	9am - 10am	9am - 10am
10am - 11am	10am - 11am	10am - 11am	10am - 11am	10am - 11am
11am - 12pm	11am - 12pm	11am - 12pm	11am - 12pm	11am - 12pm
12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm
 				
2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm	2pm - 3pm
3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm	3pm - 4pm
4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm	4pm - 5pm

11 sessions a week - time/effort balance?

Mon	Tue	Wed	Thur	Fri
9am - 10:30	9am - 10am	9am - 10am	9am - 10am	9am - 10am
10:30am - 12	10:30am - 12	10:30am - 12	10:30am - 12	10:30am - 12
12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm	12pm - 1pm
2pm - 3:30				
2pm - 3:30	2pm - 3:30	2pm - 3:30	2pm - 3:30	2pm - 3:30
3:30pm - 5pm	3:30pm - 5pm	3:30pm - 5pm	3:30pm - 5pm	3:30pm - 5pm

Getting the fee right

Fee Calculator.



Page 3



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